

## WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

**Express Assumption of Risk:** I, the undersigned, am fully aware that there are significant risks involved in all aspects of physical training. These risks include, but are not limited to, slip, and falls which can result in serious injury or death; injury or death due to negligence on the party of myself, my trainer, my training partners, or other people around me; injury or death due to improper use or failure of equipment; and strains and sprains. I willingly assume full responsibility for the risks that I am exposing myself to and accept full responsibility for any injury or death that may result from use of the equipment and facilities at 3621 5th Ave. SW., Naples, FL 34117 and any neighboring or adjoining properties owned by the Michael DiGrigoli, Gate Keepers Athletics LLC, and any coaches or employees involved with Gate Keepers Athletics LLC.

**Release:** In consideration of the above mentioned risks and hazards and in consideration of the fact that I am willingly and voluntarily using the equipment located on the Properties, I, the undersigned, hereby release, waive, discharge and covenant not to sue Michael DiGrigoli, Gate Keepers Athletics LLC, and any coaches or employees involved with Gate Keepers Athletics LLC, their trustees, officers, agents, and employees from any and all liability, claims, demands, actions and causes of action whatsoever arising our of or related to any loss, damage, or injury, including death, that may be sustained by me, or to any property belonging to me, while using the equipment located on the Properties It is my express intent that this Release and Hold Harmless Agreement shall bind my family, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be deemed as a release, waiver, discharge and covenant not to sue. I hereby further agree that this Wavier of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Florida.

**Indemnification:** I have adequate health insurance necessary to provide for and pay any medical cost that may directly or indirectly result from me use of the equipment located on the Properties. I agree to indemnify and hold harmless the Michael DiGrigoli, Gate Keepers Athletics LLC, and any coaches or employees involved with Gate Keepers Athletics LLC, their trustees, officers, agents, and employees, from any loss, liability, damage or costs, including court costs and attorneys' fees that may be incurred, due to me use of the equipment located on the Properties.

Acknowledgement: In signing this release, I acknowledge and represent that I have read the foregoing Wavier of Liability and Hold Harmless Agreement, understand it and sign it voluntarily; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by the same.

Name (Print)

Signature

Date

## PARENTAL CONSENT

By signing below, I consent that I have read and fully understand the above. I am again expressly assuming the risk and legal liability and waving and releasing all claims for injuries, damages, or loss which my minor child might sustain as a result of participating in any activities connected with or located upon the Properties.

Child's Name (Print)

Parent/Guardian's Name (Print)

Parent/Guardian's Signature

Parent Phone #/ E-mail \_\_\_\_\_\_, \_\_\_\_\_,

Date